



This is to certify that:

**Bridget Crean**

Attended the following seminar:  
**Nutrition for Adrenal Hormone Balance**

Held on 28 February 2024

Presented by:  
Sue McGarrigle

**1 hour**

Attendance verified electronically

A handwritten signature in black ink that reads "S. McGarrigle". The signature is fluid and cursive, with a long horizontal stroke extending to the left.

Sue McGarrigle  
ND DipION CNHC mBANT NNA  
Presenter

A handwritten signature in black ink that reads "Adel Hill". The signature is in a cursive style with a prominent "A" and "H".

Adel Hill  
Office Manager

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