



**K H A R R A Z I A N
I N S T I T U T E**

CERTIFIES THAT

Ingrida Makaraite-girdvaine

completed 12-hours of postgraduate education and passed the post-course examinations.

**Longevity and Wellness Optimization
Clinical Strategies and Treatment Applications**

The Kharrazian Institute's continuing education hours are approved by
National University of Health Sciences.

Completed via On Demand Video Replays on July 6, 2024 1:21 pm

**Datis Kharrazian, PhD, DHSc, DC, MS, MMSc FACN
Director of the Kharrazian Institute**

[View for Printing](#) You can print it, or save it as a pdf.

Thanks for completing the Kharrazian Institute's Longevity and Wellness course. For CE credit, please contact NUHS for the official attendance verification certificate or transcript.

If you wish to stop receiving our emails or change your subscription options, please [Manage Your Subscription](#)