

---

**Reminder: Top Health Priorities in Menopause with Helen Cassidy starts in 1 hour**

1 message

---

IINH Ltd <no-reply@zoom.us>  
Reply-To: IINH Ltd <info@iinh.net>  
To: aislingbrennan21@gmail.com

17 October 2024 at 17:56



Hi Aisling Brennan,

This is a reminder that your webinar will begin in 1 hour:

**Top Health Priorities in Menopause with Helen Cassidy**

Date & Time	Oct 17, 2024 07:00 PM Dublin
Webinar ID	994 2842 2140
Description	<p>Menopause represents a hormonal upheaval for our clients and as a result, it's important to review their health status to determine their most important health priorities for the next stage of life.</p> <p>In this webinar, we will discuss how this hormonal shift impacts our clients, how they can mitigate against some of these impacts and what the top health priorities are for women at this stage of life. We will cover dietary factors, lifestyle, testing and some supplements.</p>

Add to:

You can [cancel](#) your registration at any time.Please submit any questions to: [info@iinh.net](mailto:info@iinh.net)

Thank you!

---

**WAYS TO JOIN THIS WEBINAR**

- **Join from PC, Mac, iPad, or Android**

[Join Webinar](#)

If the button above does not work, paste this into your browser:

[https://iinh-net.zoom.us/j/99428422140?tk=xoCIfzs9sedNNN9QaVm\\_LpVvinE-P9iDF\\_F\\_ntUjyvIA.DQcAAAAXJmVR\\_BYwQXFwQ19BMVI2cVZ5N2pZSVo3WS1RAAAAAA&uuid=WN\\_6IVgO1AkRdmVGNwT6WeCfA](https://iinh-net.zoom.us/j/99428422140?tk=xoCIfzs9sedNNN9QaVm_LpVvinE-P9iDF_F_ntUjyvIA.DQcAAAAXJmVR_BYwQXFwQ19BMVI2cVZ5N2pZSVo3WS1RAAAAAA&uuid=WN_6IVgO1AkRdmVGNwT6WeCfA)

To keep this webinar secure, do not share this link publicly.

- **Join via audio**

**Or, dial:** Ireland: +353 1 240 8941 or +353 1 536 9320 or +353 1 653 3895 or  
+353 1 653 3897 or +353 1 653 3898 or +353 6 163 9031  
More International numbers

Webinar ID: 994 2842 2140



+1.888.799.9666

Copyright ©2024 Zoom Video Communications, Inc.

Visit [Zoom.us](https://zoom.us)  
55 Almaden Blvd  
San Jose, CA 95113

