



This is to certify that:

Ionela Pápai

Attended the following seminar:
Nutrition for Adrenal Hormone Balance

Held on 28 February 2024

Presented by:
Sue McGarrigle

1 hour

Attendance verified electronically

A handwritten signature in black ink that reads "S. McGarrigle". The signature is fluid and cursive, with a long horizontal stroke at the bottom.

Sue McGarrigle
ND DipION CNHC mBANT NNA
Presenter

A handwritten signature in black ink that reads "Adel Hill". The signature is in a cursive style with a prominent "A" and "H".

Adel Hill
Office Manager

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