



# Certificate of Webinar Approval

This is to certify that

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Watched	<b>'Menopause, Perimenopause and Prevention of Osteoporosis - How to Help Women Through This Stage in Their life'</b> sponsored by Natural Health Practice IHCAN Conferences Webinar
Date	<b>19 March 2024</b>
CPD Hours	<b>1 Hour</b>

This event has been recognised by  
British Association for Applied Nutrition and Nutritional Therapy  
as meeting the requirements for  
Continuous Professional Development

**Alice Spalding – Event Executive**